



HICKORY GROVE  
BAPTIST CHURCH

**Anxiety and Frustration | *Respectable Sins***  
The Pastors' Class | Wednesday, September 30, 2020

*"When I am afraid, I put my trust in you."*  
Psalm 56:3

**1. The Sin of Anxiety is the Sin of Distrust**

- Distrusting God's **Providence** (Philippians 4:6-7).
- Distrusting God's **Provision** (Matthew 6:25-34).
- Distrusting God's **Power** (1 Peter 5:6-7).

**2. The Fight Against Anxiety is the Fight of Faith**

- **Seek** Him (Matthew 6:25-34).
- **Speak** to Him (Philippians 4:6-7).
- **Believe** Him (1 Peter 5:7)